

**IN THE SPECIFICATION**

A substitute specification is enclosed which is identical to the original specification except for line spacing and the following amendments.

In paragraph [0001] the month of July has been changed from an abbreviation of Jul. to a fully spelling of July.

In paragraph [0003] at page 1, lines 49 and 60 the term "th" has been amended to read the as noted by the examiner.

In the substitute specification please amend paragraph [0045] to read as follows:

**[0045]** As shown in FIG. 14, pad 60 includes top surface 62, middle layer 65, and bottom surface 63. As with pad 10, pad 60 can be made of a variety of materials including rubber, fabric, paper, plastic, synthetic materials, leather, and polyurethane foam. Top surface 62 is covered by a layer of adhesive. The adhesive selected should be of sufficient strength to adhere pad 60 to the elbows, knees, or shins. However, the adhesive must not be so strong as to prevent removal of pad 60 by the user when the user has finished wearing the pad. Pad 60 is optionally provided with a peel sheet 64, which protects the adhesive on top surface 62 until pad 60 is applied. Immediately prior to applying pad 60, the user removes peel sheet 64 to reveal the adhesive surface. Bottom surface 63 of pad 60 is at least partially covered with a layer of thistle cloth 66. The thistle cloth 66, a layer of either hooks and piles, is secured to the bottom surface 63 for providing it with a decorated textured finish.

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